

5月 給食献立表

2023年

3歳未満児

Main table with columns for Date, Menu, Ingredients, Allergens, and Nutritional Values. It lists daily meals from April 1st to April 30th, including items like 'チキントマトカレー' and 'そばうどん', along with their corresponding nutrient data.

☆ 今月の平均給食と栄養量 ☆

Summary table showing average nutritional values for the month, including Energy (453 kcal), Protein (17.1 g), Fat (14.3 g), Carbohydrates (64.7 g), Calcium (192 mg), Iron (1.4 mg), Vitamin A (133 μgRAE), Vitamin B1 (0.25 mg), Vitamin B2 (0.31 mg), Vitamin C (21 mg), Fiber (3.2 g), and Food Equivalents (1.3 g).

仕入状況によりメニューが変更する場合があります