

2023年

8月 給食献立表

3歳未満児

Main table containing 31 days of menu items, ingredients, and nutritional values. Columns include Day, Meal, Dish Name, and Nutrient Content (Energy, Protein, Fat, Carbohydrates, etc.).

☆ 今月の平均給与栄養量 ☆

Summary table of average nutritional intake for the month, listing Energy (459 kcal), Protein (16.9g), Fat (14.5g), Carbohydrates (65.9g), Calcium (184mg), Iron (1.3mg), Vitamin A (126 μgRAE), Vitamin B1 (0.24mg), Vitamin B2 (0.29mg), Vitamin C (20mg), Fiber (3.0g), and Energy Equivalent (1.2g).

仕入状況によりメニューが変更する場合があります